

Full Committee Meeting	Wednesday 7 th December
Attendees	Leigh Jenkins, Hannah Ormerod, Ian Ainscough, Charlie Price, Susie Woods, Christine Harrison, Derek Gibbon, Ina Morris, Gemma Kelly, Anna Woolgar,
Apologies	James Morgan, Mike Waring Emma Sharpe

1. Swim – ES sent full details by email. Main points were that she and Ina are looking for an external swim coach to cover the Friday session. Hoping to interview in the New Year. Costs for Brio are rising to £137.5 in Jan. ES is still looking at other venues at reduced rates, to potentially add more swim sessions to our schedule. Chester Uni is a potential venue.
2. ES also suggested amendments to the website ref Club Championship etc. MW has agreed with these suggestions and updated the site.
3. ES has arranged the Mulled Wine event for the 17th Dec.
4. Swim - CH informed swim attendance is good and ideally, we need 2 sessions on Mondays to meet the demand and the ability range.
5. Swim - IM relayed that she had seen evidence that pool costs and availability is affecting clubs across the country.
6. Communications – SW has taken over and thanked CH for the handover. SW been asking members for ideas to improve club communication. One suggestion has been to use local newspapers/websites to publicise club events and individual members achievements/participation. SW will progress this. IM/ES had asked that we raise the profile of our club coaches and therefore hopefully create interest in more members to become a coach. ES has interviewed several coaches which SW will help to publicise, with the aim to show what the role entails. There is also talk of having an evening question/answer session for potential coaches.
7. Communications – IM suggested we contact local radio/TV who are generally open to promoting local events.
8. Finance – HO stated club finances are stable
9. Coaching – IM. A Coaches (inc Juniors) and Leaders meeting is planned for the 15th Dec. The aim is to get an understanding of each disciplines requirements and how IM can help provide support and guidance moving forward.
10. Coaching – IM. E Port Runners are now attending the track session. This should hopefully widen the ability range. Another idea for the track is to put on an introduction to track session.
11. Strength and Conditioning – IM will explore how this could be provided in the New Year.
12. Transition – IM would like to offer this. Options discussed.
13. Bike Box – DG gave feedback on the last 12 months. We had 5, but now have 4, due to wear and tear. Spares availability is difficult because Bonza has ceased trading. We need a replacement box – which was agreed. DG

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- ▼ suggested we increase hire cost to £20. This will help provide sufficient income annually to cover the cost of a potential replacement each year if needed. This was agreed. DG will liaise with various, to publicise to members how and what Bike Box hire entails.
14. Safeguarding – AW. One enquiry has been about juniors attending senior swim sessions. AW has rejected this idea and the committee agreed that was the correct decision. Officially BTF pool rules state U18 is the minimum age to attend senior sessions.
 15. BTF – IA provided feedback that we should be able to renew our 2023 BTF affiliation in the next week or so.
 16. Run – GK. Tuesday Run sessions are working well. Cheshire Champs in Jan. Several dates for the 12 Days of Xmas offered.
 17. 12 Days of Xmas – LJ will send out the sheet for people to fill in. Various suggestions offered which can be added to the sheet as applicable.
 18. Training Camp – TF will put out something pre-Xmas to see what interest there is. Discussion around bike leads and/or coaches attending, what type of camp it should be plus the possibility of a discount for coaches to attend, but no decision made until more details are made available.
 19. Development Plan – CP said he had done some background work and would commence detailing it in January.
 20. Awards – old shields which are no longer in use. Should we coordinate collecting them. No appetite shown to arrange collection. To be left with last recipient.
 21. MW asked if we could increase the number of cycling events in the club calendar. Potentially Tuesday Zwift and club social rides. IA to contact bike leads on how to add them.