



## COVID 19 Risk Assessment for Tuesday Night Club Run Session from Lime Wood Fields

Venue:		Lime Wood Fields		Venue Contact Name & Contact Details:	
Address: (Include postcode)		Lime Wood Fields Kingsway, Chester CH2 2LL			
Group:		Run Groups		Location of first-aider:	Coach/Leader
Date:		Tuesday evenings		Location of Defibrillator	<p><b>Upton Pavillion</b>, Wealstone Lane, CH2 1HD (attached to the right side of the building, code needed).</p> <p><b>SPAR</b> Long Lane, Upton, CH2 1JF (attached to the front of the building, code needed).</p> <p><b>Countess of Chester Country Park</b>, Ranger Hut, CH2 1UL (attached to front of hut, no code needed).</p>
Time:		18:15(groups 1+2), 18:30(groups 3+4)		Location of telephone:	Coach/Leader to carry mobile phone
Participants:	Number:	Up to 4 groups of 9 athletes and 1 leader		Location of toilets:	Not provided
	Age:	18+		Location of changing rooms:	Not provided. Participants arrive ready to train and leave the session to shower/change at home.
	Ability:	4 different paced groups (10, 9, 8 and 7 min/mile pacing)		Location of first-aid kit:	With Coaches/Leaders (inc. space blanket)
Lead coach name:		Dave Taylor / Sally Napthen		Stocked and maintained:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Venue documents read and understood  (please ✓ appropriate box):		Normal operating procedures: <input type="checkbox"/> Yes <input type="checkbox"/> No		Additional notes:	<p>Time to meet up with a pre-booked group to be kept to a minimum. Prompt start time. To avoid large gatherings, groups 1 and 2 meet first at opposite ends of the meeting area. Groups 3 and 4 meet and start 15 mins later. A couple more groups could be added depending on demand. Reserve Coaches and Leaders will be called upon should a Coach or Leader be unable to attend a session. If there is no Coach available, the session will be cancelled.</p>
		Health and safety policy: <input type="checkbox"/> Yes <input type="checkbox"/> No			
		Emergency action plan (EAP): <input type="checkbox"/> Yes <input type="checkbox"/> No			

## COVID-19 Additional Considerations Risk Assessment Form

<b>Location &amp; Description of Hazard:</b>	<b>People at Risk:</b>	<b>Level of Risk</b> (High/Medium /Low):	<b>Advice Required:</b> (from whom)	<b>Action(s) to Mitigate/ Remove Risk:</b>	<b>Person responsible for resolution:</b>	<b>Residual Risk:</b> After resolution	<b>Dates Reviewed</b>
Risk of virus transmission during session - Social distancing	All	Likelihood: Impact: Medium	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Ensure large open area to meet and train.                      Avoid any activities that brings participants in close proximity or sharing equipment.                      Participants to remain minimum 2m apart.                      Participants are split into smaller groups (minimising wider contact), coach/leader to instruct each group separately, with no mixing of groups. All those within same group to maintain 2m distance from each other.                      Session numbers are managed by pre-booking. Participants not pre-booked are not permitted to join the session.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
Contamination via use of shared equipment	all	Likelihood: Impact: Medium	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>No equipment used normally. But have a no touch/sharing policy on equipment.                      Water/refreshments (or any other equipment) to be clearly labelled and used only by the owner.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
Contamination via access points (gates/ barriers etc)	all	Likelihood: Impact: Low	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Avoid routes with any gates, avoid touching railings/street furniture. If gates unavoidable, only one person to touch the gate and then clean hands using hand sanitiser.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021

<b>Location &amp; Description of Hazard:</b>	<b>People at Risk:</b>	<b>Level of Risk</b> (High/Medium/Low):	<b>Advice Required:</b> (from whom)	<b>Action(s) to Mitigate/ Remove Risk:</b>	<b>Person responsible for resolution:</b>	<b>Residual Risk:</b> After resolution	<b>Dates Reviewed</b>
Other users- If public areas you may not have any control of other users- Risk of virus transmission	all	Likelihood: Impact: Medium	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Activity is outdoors. Clear rules to given participants to social distance with other users of space. Participants must actively avoid other users e.g. give way to/swerve away from members of the public.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
Method of travel for coach and participants to and from the session. Risk of virus transmission.	all	Likelihood: Impact: Medium	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Travel to sessions should avoid public transport where possible and masks should be worn if it is used. Encourage walk/run/cycle to venue. Check parking availability. No car sharing with those outside your household.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
Permissions to use area	all	Likelihood: Impact: Low	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Public park, pavements/lanes and Greenway (no specific bye laws- or restrictions).</i>	Coach/Leader	Likelihood: Impact: Low	May 2021

## Risk Assessment Form Part 2

<b>Location &amp; Description of Hazard:</b>	<b>People at Risk:</b>	<b>Level of Risk</b> (High/Medium/Low):	<b>Advice Required:</b> (from whom)	<b>Action(s) to Mitigate/ Remove Risk:</b>	<b>Person responsible for resolution:</b>	<b>Residual Risk:</b> After resolution	<b>Dates Reviewed</b>
Participant health and ability to exercise	all	Likelihood: Impact: High	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Pre-activity health questionnaire (including contact with cases and requirement to self-isolate) taken at time of booking and then to be confirmed again on arrival at session. Register of attendance taken by coach/leader and checked against list of booked participants. Register retained by coach for COVID records (in case needed by NHS test and trace)</i>  <i>A choice of 4 levels of ability will be provided at time of booking.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
PPE for coach & participants	all	Likelihood: Impact: Low	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Face mask and gloves/hand sanitiser for any first aid.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
Hand washing	all	Likelihood: Impact: Low	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	<i>Coach/Leader to carry hand sanitiser if needed.</i>	Coach/Leader	Likelihood: Impact: Low	May 2021
		Likelihood: Impact:	<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:			Likelihood: Impact:	



