

Chester Triathlon Club 2018 Annual Reports

Captain's Report

The last 12 months have been really positive for Chester Tri. Lots of good vibes around the place and a building sense of community has been evident all year round.

Before I get into some of the details from 2018, I think it's important to acknowledge the enormity of both the number & the quality of the sessions, that are consistently put on throughout the year and the amount of top events that showcase the club. Delivering both, to the amazingly high standards that we do, year in year out, should not be taken for granted. So I would like to sincerely thank everyone who has contributed in any way, small or large, for making the club so successful over the last 12 months. It's an unbelievable achievement, and one that other clubs can only envy. So well done to everyone and thank you very much once again.

Added to that, not only do the events showcase the club to the outside world and give something back to sport itself, but they also bring club members together in ways in which our sessions may not necessarily do. Marshalling also gives our members a chance to put faces to names and the opportunity to work as a group, rather than racing each other in the pool or on the track. I've also witnessed great camaraderie between members at our events this year, and long may it continue!

Moving on... trying to make the club more 'inclusive' was a theme the Management Committee tried to roll with going into this year, and I'm told this has been largely felt by the members. The member's survey, that was completed in January, provided lots of constructive feedback, some of which helped set some of our objectives for the year and in some cases, next year. Lots of our members have stepped up to the plate this year with either planning, organisation and in some cases actually delivering, workshops and sessions, so big thanks to those who have done so and keep them coming for 2019!

This year has seen an increased emphasis on Coach development. One such development session, was a swim coaching course delivered by Swim Smooth expert Emma Brunning. Was very well received and it provided some good advice and ideas for our swim coaches to consider. We have also seen an increase in swim coaches helping at the sessions and members shadowing the lead coach, before committing to go on BTF coaching courses. It's very important for the future of the club, that we continue to build on the knowledge and commitment that our coaches bring to the sessions. It's really encouraging to see other members enthusiastic to learn new skills and participate in the club in different ways.

There were some changes to key committee members over the reporting period;

- Chris Malpass stepped down after many years as Swim Lead and Andrew Howarth took over in that role.
- Andy Hamilton stepped down as Coach Coordinator with Aaron Riley replacing Andy.
- Hannah Rayfield stepped down as Welfare Officer so Charlie Price took over the reins in that role
- Ian Laird stepped down as Social Rep and the club welcomed back Jo Harding into that role (to work alongside Jess) It's great to have you back Jo!

So a massive thank-you to Chris, Andy, Hannah & Ian for all their commitment and hard work over the years, we wish them well and a 'thank you' from the members would be nice when you see them around.

Last year's AGM provided a positive indication that people aren't shy in wanting to become involved as some posts had several nominations. The result of which meant the club welcomed two new faces onto the Management Committee; Ian Ainscough (Treasurer) and Neil Thomas (Vice-Captain). Both have hit the ground running and have been great additions to the Management Committee.

The theme of people wanting to get involved certainly carried forward into the year with Aaron, Andy, Jo & Charlie coming on board and each of them making real positive impressions so far.

Sue Ellis will be standing down after three years in position as Secretary and is a huge void we need filling at this year's AGM. I would like to thank Sue for everything she has done for both me personally, and for the club, in her three years in post. Sue has been a pleasure to work with in my first year as Captain. Her dedication, tenacity and professionalism have been nothing short of exceptional and she will be missed by the entire Management Committee.

Many things were accomplished, which were detailed in our Strategy and Development Plan for the year, as well as some which were carried forward from the previous year. Some of these are detailed below, along with other highlights of 2018

- From a Governance aspect, the club are about to receive Tri-Mark 'Bronze' status from our Governing body (the BTF), and we will then progress towards 'Silver' status. These give clubs official recognition of having met particular standards of operation.
- The Social section of the club continues to deliver quality events and parties. Last year's End of Season party at the Storyhouse was a huge success making it one of the highlights of the last 12 months. So a similar party is planned for Saturday December 8th 2018 (get your tickets asap!)
- In addition to the 10 coaching sessions per week, the club calendar has been full of additional sessions for our members to be involved in; Foam rolling sessions, run workshops, swim courses, nutrition talks, bike workshops, mechanical workshops, first aid and navigation talks to name a few.
- Bike Safety was an area we focussed on early in 2018, which was initiated after an accident on one of our group rides. Lots of positives changes came out of the review including, changing the signing-on process, running a first aid course and the introduction of ID tags to the membership. And more recently, a Bike Lead Navigation workshop was delivered to the members which had rave reviews.
- A pilot brick-session in the spring proved to be a hit and will now be a permanent fixture in the club calendar
- Club Age Group Reps were implemented, primarily to provide a club contact for potential new members of a similar age. This is very much in its infancy.
- The development of the club's YouTube channel got off the ground and we will be looking to add to that going forward into 2019
- The newsletter continues to be very well received by our members.
- Training Camps: The annual international spring camp was a success and next year's camp has already sold out with 32 people signed up. Closer to home, the inclusion of the UK based spring camp in May was well delivered and also the annual 'lakes weekend' in September was also very well organised and supported.

- The club continues to be well represented locally, nationally and internationally at various events throughout the year with lots of success stories by our junior and senior athletes. We will be celebrating these at the party & Awards night on December 8th.

On the whole, 2019 looks bright for Chester Tri. Things which are on our list of priorities next year are:

We are focused on ensuring that the volunteer numbers continue to reflect the size of the club. The incredible feedback we get at our events comes from the athlete experience that is created by having athletes as volunteers. Large events, which drive the financial wellbeing of the club, require large numbers of volunteers. If at all possible we would like to be able to run the events without having to bring in paid support.

Supporting new committee members in their new roles will be a focus of the MC.

We are looking at having a club party for the members after the Dee Mile Swim has finished on the Meadows in 2019. So keep an eye out for further details!

Reducing Administration and enhancing Member Safety, continues to be a major focus for us and we're looking at the introduction of club cards for registering and paying for sessions.

In summary, I'd like to say a thank you to everyone who has supported me in this role in the last year; it's a long list. The club is fortunate to have so many skilled and experienced members who continue to ask how they can contribute to making the club the brilliant organisation it is. Please remember that it is your club. If there are things that you think would be a good idea, then please engage with us in making them a reality.

Chris O'Hara

Governance

For the last two years, Chester Tri has had two clauses in our Governance policies, that were required by Triathlon England in 2016 .

The first was clause 17 in our Complaints & Discipline Policy; stating that : *' Before a decision is made to action a recommendation for permanent expulsion, the complaint must be referred to TE'*

TE have now confirmed that this clause can be removed from the policy, and this has been amended accordingly on the document on our website.

The second was a condition which required that : *'Any new constitution, rules and procedures should be produced in consultation with TE and not put in to effect without agreement of TE'* This action has

now been closed and is no longer required.

Happily, this returns the club to full autonomy, on an equal footing with any other BTF affiliated club.

Sue Ellis

Financial Report

The Club assets at the start of the year were very healthy and as a result the club has invested in the various sections much more than in previous years, which has seen the club main account reserves drop. Examples of this investment are given here:

- * Swim – new swim equipment £ 1000
- * Bike – subsidised club entries in to the Wirral Ark Sportive (£335); agreed to purchase new turbos (£2500), and purchased 3 x new bike boxes. (£900)
- * Run – provided coach travel to a couple of events. (£600)
- * Coaching – invested in training 7 new coaches (£2500), some of whom will provide the thriving Junior section support ; also put on development sessions for existing coaches, delivered by specialists & elite athletes. (£1500)
- * Kit – the club now subsidises kit by paying VAT, hence reducing cost to members. (£1500)

Club membership numbers have increased from 410 to 438

For 2019, my recommendation is that we maintain membership at £25

Ian Ainscough

Volunteers report

This year has again been a great year for the club. Our events have been outstanding and club activities have delivered great value to all our members. This is all through the support and dedication of ordinary club members, friend and supporters.

These activities cannot happen without the hard work and dedication of club members volunteering, be it in the setup for an event (sorting kit, packing vans, packing goodie bags or setting up the event), marshalling on the day, helping with the packing up and putting the kit back into storage or providing training sessions throughout the year. To recognise this support from members, friends, family and others, this year we have listened to the survey feedback and provided goodies throughout the season, ranging from refreshments during the event and after, umbrellas to keep the sun/rain off, flasks for your drinks, draw vouchers and goodies from “Tri Active”, “Athlete Factory” and “Optimum health coaching, and Coffee goodies from Jaunty Goat. You also said that volunteering was good fun and very rewarding, and you appreciated not being bombarded with volunteer request emails.

On the events side, across 10 events (we now have an aquathlon series in addition our 6 previous events), we have had 560 volunteers. This may sound like a lot of volunteers, and it is, however the events especially the Deva need many more volunteers to be able to provide a safe and enjoyable

race for all the competitors as well as “spreading the load” for the volunteers. Deva really needs over 200 race day volunteers and this year due a shortage (Only 160 on race day), additional coverage was brought in for the more remote locations allowing our club members to cover preferred locations. This had a direct impact on the event revenue that is key to supporting and funding our regular club activities that we all enjoy.

Elsewhere Deva Devas not only provides an outstanding triathlon introduction for many ladies who are new to the sport, but through our dedicated team of helpers, also provides a range of pre-event training sessions to introduce and support all the competitors as they venture into the unknowns of open water swimming, cycling and running. Just ask Sally about the feedback received and you will see the tremendous difference the volunteers can make.

Beyond the Deva and Deva Devas, we shouldn't forget the other events : Christleton 5k, Dee Mile and this year we have also introduced an Aquathlon series as a Go-Tri event designed as a low key, low effort event run by a small team of volunteers but also providing a unique volunteering opportunity for a race director (Jacob). The junior events for our future stars rely a lot on parents from the junior section and were boosted this year by the great support by members from across the club providing support, encouragement and a few hints along the way. This cross club collaboration has been great to see and one that we will continue to develop with Juniors and Seniors working to support each other throughout the club.

Looking ahead to 2019, to help spread the load and improve our contact across the club, Jess Archer-Clowes has offered to help with volunteer coordination (So watch out). We are also looking to establish key contacts for each event and build some links with local organisations and groups to help cover key areas.

Finally volunteering is not compulsory, but we would ask that especially for Deva we really need you to volunteer or arrange for a non-club member to help in your place. We always need more volunteers so, in addition, if anyone has links to groups or organisations that they can co-opt to assist at our events please let us know and help to get them onboard.

Some statistics from 2018.

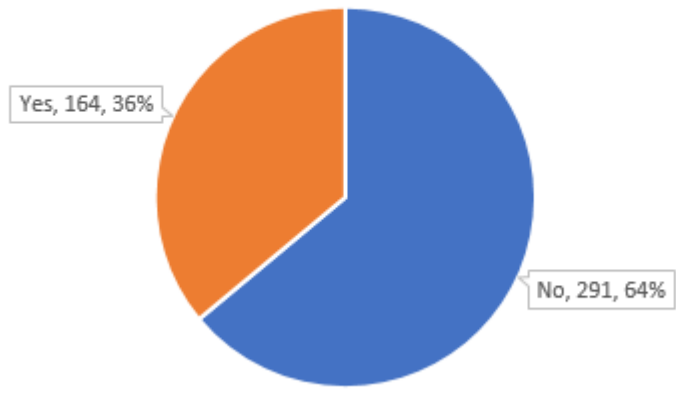
36% (164) members are volunteering from a membership of over 400.

Deva is the biggest event and also the one where more non-members help out.

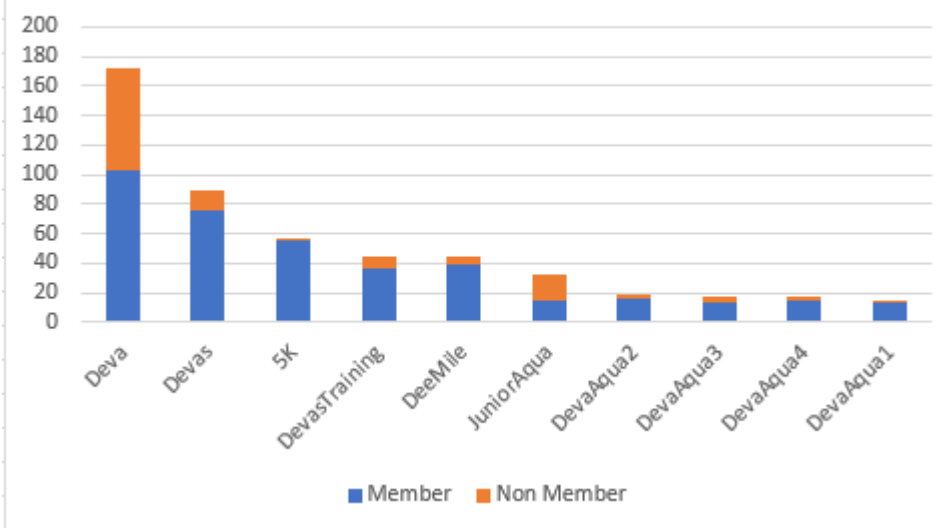
Most volunteers volunteer at one or two events but 35 volunteered at 4 or more.

Nigel Waterhouse

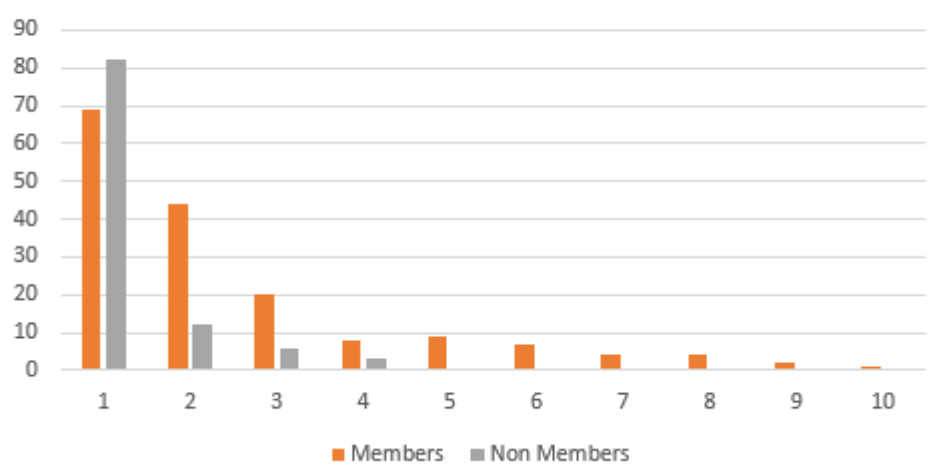
Members Volunteering



Volunteers per event



Volunteering Frequency



Junior Section

72 children were registered as members of the Junior Triathlon Club as of 10th October 2018. The average weekly attendance over the last 12 month period has been 35. We have had good consistent numbers with continued interest in young athletes wishing to join. Currently we have 80 plus children on the waiting list. We have been unable to offer a taster session since last September (2017) as numbers within the Club have remained high and therefore accommodating more members has not been possible. However we are planning to hold a taster session in November now that some of our older athletes have moved on.

We have again taken the children to Marsh Tracks for cycling sessions and continue to offer a variety of training sessions both indoors and outdoors according to ability. We continue to encourage participation in the land training hour for those athletes who are keen but who we cannot accommodate in the pool.

Some of our juniors attended the Jenny Meadows workshop organised by the Senior Club. They really enjoyed it. To that end we have arranged another workshop with Jenny Meadows in November solely for the Juniors which will greatly enhance their skills and knowledge.

We have had a meeting and continued ongoing discussions with Aaron Riley (Coaching Co-ordinator) to foster potential links with other clubs locally in order to offer more opportunities for our athletes. We feel this is a very positive step moving forward.

We again held our Christmas Party at Wrexham Waterworld followed by a meal at Frankie and Benny's. It is always well attended and greatly enjoyed by everyone.

This year we have recruited 4 volunteers to attend the BTF Level 1 course and 1 volunteer to attend the BTF Level 2 course. This will greatly assist in the level of coaching we will be able to offer our young athletes.

The Deva Junior Aquathlon in May attracted 202 entries and made a net gain of approximately £847. A successful event.

The Deva Junior Triathlon in September attracted 230 entries and made a net profit of approximately £300. A very successful event with positive feedback from the competitors and their families and an excellent Race Report from the referee. The profit is less than last year. This is due to us having invested in new signage which was costly and we hired the facilities for longer as well as having to absorb other expenditure increases. There has also been a proliferation of events in the Junior Series. The North West Series has held the most events of all the regions in the Junior Series this year with several races/clubs suffering a loss. The North West Series Co-ordinator is considering reducing the number of events next year.

With regard to the events and volunteers - as well as the parents of our own athletes who are always generous with their time we have year on year begun to attract more volunteers from the Senior Section of the Club to assist at our events. This year has seen the largest number to date and we view this as a positive indication that we are succeeding in our aim to foster better relations between the Junior and Senior Sections of the Club. Once again we have enjoyed having them help and the Senior Club volunteers have been really enthusiastic about their experience at our events which we appreciate very much.

Nania Mason & Simon Greenwood

Kit

The Kit Team are Amy Edwards, Susie Woods, Hannah Omerod, Nicola Perrins and Mike Waring. We are responsible for purchasing Chester Tri branded kit, maintaining stocks and distributing items to members, and maintaining an online shop to enable this to happen. This includes run vests, which you will need if you want to race for the Club in the Borders League and Cross Country events. We also sell id (emergency contact) wristbands and we strongly recommend that everyone wear these when out training. The Club has subsidised these, so you won't find them cheaper anywhere else.

The kit is kept at City Baths. Orders will usually be collected once per week, so we will aim to get your order to you in around 7 days. Please try to order kit well before your race, but obviously we will do our best to help if there's an emergency! We may be able to have kit for sale and to try on before or after the Saturday swim at City Baths if Club members think this might be useful.

We do not keep hoodies or track pants in stock, but there will be an opportunity for you to order soon so keep an eye on Facebook and the newsletter if you would like some. We will also be getting some Club buffs and woolly hats, and if enough people want them, branded dryrobes.

If you have any other comments or questions please get in touch at kit@chestertri.org.uk.

Amy Edwards

Bike Report

We managed to have leaders for three groups for most of last winter's weekend rides. (This year is looking more difficult at the moment.) We also had a great summer of Thursday evening rides. Thanks to all the volunteers who led rides.

We ran a well attended session on time trialing at Marsh Tracks, but had to cancel the planned session on group riding skills because only a couple of people signed up for it. Thanks to Andy Howarth for leading the sessions.

Over last winter watt bike/brick sessions at the Athlete Factory were added to the cycling offer and they have started again now. Thursday turbo sessions were also well attended. Thanks to Jill Wilkinson for leading some excellent Tuesday evening coached cycling sessions during the summer.

We had a successful evening at the Velodrome last December with 25 places shared with MerseyTri. This year's session is booked for Sunday 16 December.

We had a good response to the club's subsidy for entry to the Wirral Ark Mow Cop Challenge sportive. Twenty nine members signed up. However, on a wet day only ten turned up. Nevertheless our support meant that with entry fees and the club subsidy we gave Wirral Ark just over £1,000.

Three 100k+day rides were organised over the summer months, one of which had just 3 riders.

This winter we will be hosting a Strava challenge to make up for the absence of a cycling element in the winter league.

We had two nasty cycling accidents during the year. Thankfully both the injured members have recovered. The accidents prompted us to make several responses:

1. The kit shop now offers id bands at an amazingly discounted price and we hope that all will wear them on our rides.
2. We ran first aid training aimed at incidents that might occur out on bike rides. Hopefully more training courses will be organised.
3. We have been supplying riders with space blankets and hope that riders will always carry one.
4. Peter Brook provided a training session for cycle group leaders.
5. We revised our protocols for signing up to group rides.

The arrival of grandchildren means I've had a little less time to participate in club cycling this year. I'm happy to continue to lead the bike section, but if anyone else wants to get involved in or take over the role then please say.

Dave Press

Run report

We had great fun and a fantastic Cross Country season last winter, one of the best in years. We achieved our aim of getting more Chester Tri women into XC - from 6 in the previous year to 22! We fielded not one but four Women's teams in the Cheshire XC Champs. To top it off, our women also made history by becoming Team Silver Medallists in the Liverpool & District Champs (it was the first ever Womens Team competition in the Championships history since 1891). In total we had a massive 56 Chester Tri runners take part in XC over the season - Brilliant work Team Chester Tri!

With good attendance to this summers Fell races, Deeside Off-Road Series and the Multi-Terrain Series, it's looking like there'll be lots joining in the fun this winter season.

In the 2017/18 Borders League the Women's team were promoted to Division 1, Men's team relegated to Division 2. With a great turnout at the start of this seasons first race, hopefully we're on a roll to go for the Mens Division 2 series win again and the Women to go for it in Division 1.

Track has had a boost to numbers recently, with both new and regular runners, kick started by the pacing masterclass that was held by Kelly at the end of September.

As always, thanks must go to all the coaches and volunteers who keep the training sessions going week-in, week-out.

Thank you to everyone who has represented the club at team fixtures over the past year.

Mike Waring & Susie Fourie

Swim Report

In the short time since I became swim lead, there have been lots of changes. We have a lot more of the club's coaches involved in coaching the swims, which is great, for the athletes and the club coaches themselves. I have to say a massive thank you to everyone involved in the coaching. We have many excellent coaches, who have a vast amount of experience, coaching and competing in triathlon.

We have also taken on board the Swim Smooth approach to coaching & programming our sessions. Hence we have been using the CSS tests to work out at what pace we should be swimming our swim

sets. This is still a work in progress and hopefully over time, we will all have a better idea of how to pace our swimming.

We also have a new, squad swim session starting at the City Baths, which has been running for a couple of weeks. It's on Saturday afternoons 3-4 pm; & open to all abilities! For people who have problems with the bromine at Christelton, this may provide a welcome alternative. Some of you will remember the Saturday swim at the city baths, which was one of the most popular sessions at the club. Domonique Miller has been coaching the session since the pool re-opened and has gladly let us take it on again. He's going to carry on coaching it as well, which is great!

I will be having a close look at the costs and the attendance figures at swims over the next 12 months, to ensure that we are cost effective. We have a huge amount of swims on at the moment, which is really good for the club and its members and I'm confident we will be able to keep it that way

Hopefully see you all down at the swims at some point.

Andy Howarth

Deva Aquathlon series 2018

This year's Deva Aquathlon series comprised of four races, being held once a month from June to September. All races ran smoothly with the help of a team of volunteers lending a hand to set up and pack away the event equipment.

Entry levels

Competitors were given the option of entering each individual race separately or enter all four races together at a reduced cost. The entries increased as the summer went on with 59, 53, 62 and 69 entries in race one, two, three and four respectively, with 25 entering the series option.

Feedback

This year saw lots of great feedback with competitors and marshals enjoying the format and the overall atmosphere of the event being a low key, midweek race. Many competitors enjoy the fact that it's a series of four races throughout the summer allowing them to use the event to track their progress and speed.

We also produced a short video with retinair this year to show case what the event is all about which has had 1.1k views so far which will hopefully boost entries for next year.

2019

We are currently finalising dates for next year which will have a similar format with one race per month however this year we will run from May to August to fit around the tides. For next year we will be looking at increasing the entry limit for 60 to 100 with the target of getting around 100 entries per race.

Jacob Waterhouse

Deva Divas Sprint & Quadrathlon

220 Finishers Triathlon / 43 Finishers Quadrathlon

Great report from BT referee Jon Beaumont - mainly 'Excellent'

As always a brilliant positive response from competitors at all levels - we had our first paratriathlete competing as part of a relay team! (Thanks to Sean Simmons and Neil Thomas for helping transition from swim to bike!)

Thanks to all the coaches and helpers who come along to give Divas support at the training day and swim sessions - this year we had a new format which was really well received. There was only one training day at Eccleston - with a cycle on the bike course and a swim in the river but what we did then was to introduce mid week swim sessions out of the Chester Canoe Club - thanks to Jean for allowing us to use the Canoe Club as a base. It was perfect. Really helped many ladies overcome their fear of the river and meant there was somewhere to chat and ask questions afterwards...as well as indulge in coffee and cake.

Much appreciation also goes to Mike Waring, Nicola Perrins, Kate Litherland and Vicky Hinstridge for overseeing a Divas Bike Workshop - the ladies found that really useful....as were the Bike Skills sessions led by Vicky.

Jean Ashley and her team again put on a brilliant series of training sessions for the quad ladies - thanks Jean! - For the second year the quad was sold out even though we increased the numbers. Huge thank you to all the marshals who came along to help out over race weekend - setting up, taking down and race marshalling - the motivation and friendliness of our Chester Tri marshal team is legendary! As always those few who go above and beyond....Nigel and Jake Waterhouse, Iain Wood, Dan Craigen, Sean Simmons and Jim Barrow....thank you!

This year we had prize winning vouchers courtesy of Tri Girl UK, beautiful cloth bags from Newfocas Fostering, delicious cakes (all home made by Amy Edwards) courtesy of Tier Development, Get Fruity bars from Get Fruity and spot prizes from Tri Active. Each year it gets harder to find any form of sponsorship so this help is really appreciated!

Date for 2019 is 14th July - the Quadrathlon is already full with 50 entries!!

Sally Napthen

Dee Mile Swim

The Dee Mile swim took place on Saturday 4th August. We had record entries once again, with over 600 places sold and 454 participating on the day.

The format remained the same with 1km and 2km swims, both downstream and finishing at the suspension bridge on the Groves area. Waves were adjusted this year to facilitate the non-wetsuit swimmers going first to prevent them getting cold which appeared to work well. 2 waves of competitive and non-competitive wetsuit swimmers followed. We had record entries also in the 1km event which remained wetsuit only.

Selkie swim shop and Tri-Active supported the event once again. Deva Canoe Club provided 20 volunteer canoeists, without whom the event could not have been safely run. We donated £150 to their club as a thank you.

This year we once again had a video created, which showcased the event spectacularly and enjoyed thousands of 'likes' on You-tube. The event photographer was also well received with ideal shots of the swimmers as they finished, & made easily identifiable.

Feedback has been very positive. We will maintain the race limit at 650 for 2019 and will increase the price as we feel that the event has been very cheap to enter for the past few years and the costs of timing, safety boats, medical cover and the numbered swim hats are unavoidably high with the event just breaking even. The 2019 event will take place on Saturday 10th August and we will be organising a post-race BBQ and beer on the Meadows.

The support from members on the day with people helping out in true Chester Tri Club style was absolutely fantastic as always. A huge thank you to everyone involved in the weeks before and on the day.

Looking forward to 2019 when we will be only 3 years away from our Centenary event!

Ciara Murphy

Christleton 5k Race

This was the first organised race of the season for Chester Tri and we had a great turnout of both Runners and Marshalls, Thanks to all those who helped. This was my third year organising the race, which I took over from Aaron in 2015.

The race is held on a measured 5k course, which is 1 and ½ laps of Christleton Village, with Race HQ (Finish) is the School/Leisure centre

We had over 500 entries, which is the limit (EA restricted/insured) and we sold out 6 weeks before the race, waiting list was full and most people either transferred or got places. Nifty Entries' Ipad entry system worked well, which issued race numbers in order to racers when they registered.

Fresh Catering provided refreshments at the school. Also this year we provided extra toilets for the runners, due to issues last year (2017) with the Leisure centre toilets/plumbing so much so, we were banned from using theirs this year!

This race brings in about £4k in race entries, of which we spend about £3.2k, profit £800. Spend includes, St John Ambulance, Amberon Traffic Management providing the Closure on Rake Lane, Nifty Entries providing Chip Timing and Numbers, Race Prize fund, Cestrian Loos – 6 x Toilets.

Sean Simmons

Deva Triathlon

Thanks to everyone who helped with Deva 2018, it was another great success.

Entry Levels

1318 people were on the start list this year, 415 in the Middle Distance and 903 in the Olympic. The number of entrants is slightly lower overall than 2017 with about a 75% increase in the Middle Distance compensating for the fall in the Olympic event.

The event had a total Income of £105k, with total expenses of £95k this year. There were no major one off costs this year which helped to produce a profit of around £20k.

The date for 2019 has been set for Sunday 2nd June. This was one of two dates available to us from the Council which we submitted to the BTF in our application for qualification status, the 2nd was chosen as the only viable date for the Triathlon England Middle Distance Championships. The Olympic distance is not a qualifier in 2019. We suspect qualification status will become harder now as the BTF have moved the qualification for major events to all be in the year before the major event. This means that the entire triathlon year is potentially available for events to submit qualification bids. We have specifically targeted the Middle Distance champs for 2019 to widen our appeal to the selection committee.

2018 saw an huge problem acquiring the number of volunteers required. Approx £6k was spent on last minute contingency to provide paid stewards for the bike course. Whilst this was possible in 2018, any future events without qualification status are not likely to be profitable if this reduction of volunteer appetite continues or worsens.

We ask that club members that are not aiming to qualify for the Middle Distance major events to marshal at the event and for those who are attempting to qualify, we ask that they try to nominate a family member or friend for volunteering duties where possible.