

## Minutes of MC Meeting 24<sup>th</sup> July 2018

Present : Chris O'Hara, Sue Ellis; Ian Ainscough; Neil Thomas, Leigh Jenkins  
Jo Harding; (item 1 ) Aaron Riley; Andy Howarth; Dan Craigen,  
Iain Wood.

Apologies : Nigel Waterhouse

1. Social – update & decisions re upcoming events. 7:30 – 8:00 - Jo

Discussion around date & venue of EoSP – Agreed to stay with Story House, and book the available date **on 8<sup>th</sup> December**. Cost last year was circa £ 3000 , tickets brought in £ 1500

JH requested a budget for a year for Social – to allow for planning over a 12 month period. – **IA agreed £ 2500 , excluding the EoSP.**

Given the EoSP will have a Christmas flavour, Social will do something different in Oct/Nov, instead of Mulled wine party. Possibly linked to Halloween or Bonfire night.

OW swim & picnic happening this weekend. **Need some directions on Facebook.**

Nigel has approached Jo re a volunteers' party by the river on 1<sup>st</sup> September.

Ciara had already proposed something similar for next year after the Dee Mile, when marquees etc are already in place. Committee felt that the idea is good in principle, but that it needs more planning and more notice for people to be able to commit the time to organising it. Suggest that NW liase with Ciara to share ideas, and make it a definite fixture for 2019. May need to check on permission required to stay on the Meadows in to the evening after the Dee Mile.

2. Swim coaching rota and cover - Andy Howarth & Chris

AH – still in temporary role as swim lead.

Andy keen to allow coaches to plan their own sessions, with a fall back when needed in the form of a set of plans to use; & within a periodisation plan.

He has started a Whatsapp group for swim coaches, which is an effective way of being able to communicate quickly about immediate activities. Hoped that it might be used to put their session on afterwards, so next coach can see what was done the week before.

However this might be difficult to follow and get lost in long trains of messages.

DC – There used to be a calendar where all the sessions were listed. If it's managed well, it works well, and visa versa.

**Dan will meet with AH & AR to discuss.**

Quite a few coaches have already volunteered to help with Mon/Fri sessions. Andy Howarth mainly doing Mondays & Jim Barrow doing Fridays.

Technique session is struggling for coaching cover too. Diane & Claire currently

carrying this session.

DC - It is the session where coaching skills can be developed best, which should be a positive pull for swim coaches.

AH wants to improve how the session is advertised – i.e. it's not just for beginners.

**LJ to help with this.**

AR – wants to look at numbers attending different sessions in order to plan how many coaches are needed. Can be done through Nifty.

OW swimming – AH Noticed that Cadence Tri have a weekly OW swim near Hope.

Would aim to get this weekly session going again next year. Might be advantageous to link with Wrexham Tri.

AH would like to encourage use of other coaches for masterclasses.

AR - Specialist coaches could be useful for development of scope of experiences of our coaches.

3. Swim equipment - No order was actually made. **AH will place the order, likely to be in region of £400 . AH – to check exactly what is needed at City Baths.**
4. Filling Coach co-ordinator role. - Aaron & Chris  
COH – Summarised the way the role had evolved in recent years. Can now change according to ideas & plans. Aaron Riley volunteered to take over the position.  
AR – would like to send out a survey to coaches to find out more about what they want, prior to implementing new processes or plans. He has already been speaking to a number of people personally.  
Juniors have a similar need for more coaching help. 3 people about to start on a Level 1 course, 2 of which are parents of Junior members.
5. Donation for AED devices - Ian  
DC - Dave Rigby requested donations from event organisers towards cost of an AED to be carried by draft busters at races. They are very often the first person to arrive at the scene of an emergency. They would therefore provide a significant increase in First Aid cover at races & events in the North West.  
IA – In respect of money available – not an issue, but equally if we give them the whole sum – they might not be motivated to get money from other clubs or do any match-funding.  
**Agreed that the club give them £4000, out of Deva account**, which is half the required amount. DC can keep in touch to see how they get on with sourcing the other half of the funds.
6. Update re Welfare Officer - Sue  
Charlie Price has taken over this role, and has already been in touch with Linda Haywood at BTF to introduce himself, and has written a letter to Junior parents about safeguarding.
7. Matters arising from last meeting  
SE Application for Trimark Bronze has been submitted to BTF.

Not all coaches are listed at present, as some have not yet signed & returned the forms that were sent to them.

8. AOB

Iain Wood – at Deva Diva wash up meeting, the possibility of a ladies' multi-sport festival was discussed. This would offer a duathlon option as well as the existing triathlon and quadrathlon. Untapped potential/pool of people who don't want to swim in river. Still all on one day. Need to emphasise the 'ladies only' feature more in the pre-race marketing. BTF report on the race was v good.

Committee positive and appreciate the work put in, to continual evolving of the event.

Iain Wood – raised the possibility of having 2 turbo sessions a week in winter. There was a Tuesday brick session on wattbikes from late winter. AR - No space available at square 1 on a Tuesday, so not possible to just implement another turbo session the same as on a Thursday. Plan will be to start as per last year, but with wattbike sessions starting earlier in the winter. Athlete Factory have said that Chester Tri can have the Tuesday time slot again, but there is some concern re their financial viability. This would also require more coaching commitment.

IA – club kit insurance – can't get insurance when kit is stored in a multi-access store. So kit remains uninsured at present. IA to speak to Amy to see if there are any other practical options for storage, which would be accessible enough for the kit volunteers to use.

AR – Cover really only required for fire or flood damage, as theft of branded kit seems less likely.

**Next Meeting is Full Committee on 5<sup>th</sup> September**